

RESOLUTION 2014-171

**RESOLUTION OF THE TOWNSHIP OF OCEAN, COUNTY OF OCEAN,
STATE OF NEW JERSEY RECOGNIZING THE MONTH OF APRIL
AS "NATIONAL YOUTH SPORTS SAFETY MONTH"**

WHEREAS, youth sports injuries account for 41% of musculoskeletal injuries in kids age 5-21 years. Most injuries occur in 13 year olds, who are immature physically, emotionally and intellectually; and

WHEREAS, sprains, strains, overuse injuries and fractures are the most common youth sports injuries and children going through growth spurts or exercising without adequate rest periods are most vulnerable; and

WHEREAS, basketball, track, baseball, gymnastics, and swimming are the most common sports in which overuse injuries are seen. In addition, traumatic brain injuries. 8% of spinal cord injuries are sports injuries; and

WHEREAS, children are especially vulnerable to extremes of temperature and there have been deaths of high school football players due to heat stroke; and

WHEREAS, high school athletes suffer 2 million injuries, 500,000 doctor visits and 30,000 hospitalizations each year; and

WHEREAS, concussion legislation has now passed in 43 states and urges schools to adopt safety measures to protect students from injury or illness that occur in certain areas; and

WHEREAS, the plan requires that all schools have a comprehensive athletic care program and a health care team and assure safe practice and play facilities that are regularly inspected and cleaned.

NOW, THEREFORE, BE IT RESOLVED that the Ocean County Board of Health proclaims the month of April 2014 as NATIONAL YOUTH SPORTS SAFETY MONTH in Ocean County and encourages and supports all efforts of our schools in providing safety equipment to our youth and sports safety knowledge to all children involved in sports in addition to their parents.

BE IT FURTHER RESOLVED that a copy of the resolution shall be forwarded to the Ocean County Board of Chosen Freeholders and Ocean County Mayors.

CERTIFICATION

I, Diane B. Ambrosio, Clerk of the Township of Ocean, County of Ocean, State of New Jersey, do hereby certify the foregoing to be a true and correct copy of a resolution adopted by the Township Committee on the 24th day of April 2014.

Diane B. Ambrosio, RMC
Municipal Clerk