

RESOLUTION 2014- 327

WHEREAS, obesity rates have soared among all age groups in the past four decades and the rise in obesity rates has affected our youth; and

WHEREAS, twenty three million children and teenagers in the United States are obese or overweight and childhood obesity puts children at early risk for diseases and chronic conditions, such as Type 2 diabetes, high blood pressure, heart disease and possibly stroke, and

WHEREAS, the Ocean County Health Department promotes healthy eating and exercising to prevent obesity with the use of health education programs presented to schools and communities throughout the county; and

WHEREAS, promoting being physically active, eating healthy, avoiding tobacco and living a healthy lifestyle are ways to reduce the epidemic of childhood obesity.

NOW, THEREFORE, BE IT RESOLVED that the Township of Ocean, County of Ocean, State of New Jersey proclaims the month of September, 2014 as National Childhood Obesity Awareness Month in Ocean County and will continue to promote and encourage healthy eating and exercise in an effort to prevent childhood obesity.

BE IT FURTHER RESOLVED that a copy of the resolution shall be forwarded to the Ocean County Board of Chosen Freeholders and Ocean County Mayors.

C E R T I F I C A T I O N

I, Diane B. Ambrosio, Municipal Clerk of the Township of Ocean, County of Ocean, State of New Jersey do hereby certify that the foregoing resolution was duly adopted by the Township Committee of the Township of Ocean at their regular meeting held on the 9th day of October 2014 in the Municipal Complex, 50 Railroad Avenue, Waretown New Jersey.

**Diane B. Ambrosio, RMC
Municipal Clerk**