

RESOLUTION 2015- 189

**RESOLUTION OF THE TOWNSHIP OF OCEAN, COUNTY OF OCEAN,  
STATE OF NEW JERSEY RECOGNIZING THE MONTH OF APRIL  
AS "NATIONAL YOUTH SPORTS SAFETY MONTH"**

**WHEREAS**, Each year, approximately 30 million kids and teens, in the U.S., participate in some form of organized sports in which 3 million suffer serious sports-related injuries and more than 3.5 million children, 14 years of age and younger, receive medical treatment for sports-related injuries; and

**WHEREAS**, sprains, strains, overuse injuries and fractures are the most common youth sports injuries and children going through growth spurts or exercising without adequate rest periods are most vulnerable; and

**WHEREAS**, basketball, track, baseball, gymnastics, and swimming are the most common sports in which overuse injuries are seen. In addition, traumatic brain injuries. 8% of spinal cord injuries are sports injuries; and

**WHEREAS**, children are especially vulnerable to extremes of temperature and there have been deaths of high school football players due to heat stroke; and

**WHEREAS**, concussion legislation has now passed in 43 states and urges schools to adopt safety measures to protect students from injury or illness that occur in certain areas; and

**WHEREAS**, the plan requires that all schools have a comprehensive athletic care program and a health care team and assure safe practice and play facilities that are regularly inspected and cleaned.

**NOW, THEREFORE, BE IT RESOLVED** that the Ocean County Board of Health proclaims the month of April 2015 as NATIONAL YOUTH SPORTS SAFETY MONTH in Ocean County and encourages and supports all efforts of our schools in providing safety equipment to our youth and sports safety knowledge to all children involved in sports in addition to their parents.

**BE IT FURTHER RESOLVED** that a copy of the resolution shall be forwarded to the Ocean County Board of Chosen Freeholders and Ocean County Mayors.

**CERTIFICATION**

I, Diane B. Ambrosio, Clerk of the Township of Ocean, County of Ocean, State of New Jersey, do hereby certify the foregoing to be a true and correct copy of a resolution adopted by the Township Committee on the 23<sup>rd</sup> day of April 2015.

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Diane B. Ambrosio, RMC  
Municipal Clerk