





May 2025



Funded in part by a grant
from the Ocean County
Board of Commissioners

April '25							June '25						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5	1	2	3	4	5	6	7
6	7	8	9	10	11	12	8	9	10	11	12	13	14
13	14	15	16	17	18	19	15	16	17	18	19	20	21
20	21	22	23	24	25	26	22	23	24	25	26	27	28
27	28	29	30				29	30					

Township of Ocean Senior Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1 830a Dance Party 915a Forever Young Chair Exer 930a Jazzercise	2 1130a Line Dancing	3
4	5 830a Zumba 915a Toning 11a Functional Fitness 12 Congregate Meal 12p GC BINGO w Bold Age 1pm Mexican Train 5pm YOGA	6 830a FOREVER YOUNG 930a Jazzercise 11am Functional Fitness 12p GC BINGO & LUNCH Seaview Ortho DR. SCURA 1pm Mah Jong	7 830a Zumba 915a Toning 1030a Art with MaryLu 12p GC BINGO w Mystic Meadows 12 Congregate Meal 1pm Canasta	8 830a Dance Party 915a Forever Young Chair Exer 930a Jazzercise	9 MOVIE DAY 10am CONCLAVE bring your own lunch 1130a Line Dancing	10
11 	12 830a Zumba 915a Toning 11a Functional Fitness 12 Congregate Meal Nutritionist Jenn Collins 1pm Mexican Train	13 830a FOREVER YOUNG 930a Jazzercise 11am Functional Fitness 12p GC BINGO w Tallwoods 1pm Mah Jong	14 830a Zumba 915a Toning 1030a Art with MaryLu 12p GC BINGO w Home Instead 12 Congregate Meal 1pm Canasta	15 830a Dance Party 915a Forever Young Chair Exer 930a Jazzercise	16 1130a Line Dancing	17
18	19 830a Zumba 915a Toning 11a Functional Fitness 12pm FULFILL FOOD PANTRY 12 Congregate Meal 12p GC BINGO w HVI 1pm Mexican Train	20 830a FOREVER YOUNG 930a Jazzercise 11am Functional Fitness 12p GC BINGO w Barnegat Rehab 1pm Mah Jong	21 830a Zumba 915a Toning 1030a Art with MaryLu 12p GC BINGO w Seacrest 12 Congregate Meal 1pm Canasta	22 830a Dance Party 915a Forever Young Chair Exer 930a Jazzercise	23	24  FIREWORKS AT WATERFRONT PARK at 9pm
25	26  Memorial Day Town Hall Closed	27 830a FOREVER YOUNG 930a Jazzercise 11am Functional Fitness 12p Shore Home Care meal & GC BINGO	28 A DAY WITH SEACREST VILLAGE 1030am LIGHT SNACK 11-3pm SPEAKERS LUNCH n BINGO MUST PRE-REGISTER FOR EVENT	29 830a Dance Party 915a Forever Young Chair Exer 930a Jazzercise	30 1130a Line Dancing	31 TWP of OCEAN MUNICIPAL ALLIANCE Funded in part by a grant from  Leading the Way for Healthy and Safe Communities.
1	2	OLDER AMERICANS MONTH CELEBRATION 5-28 A DAY WITH SEACREST VILLAGE Congregate Meals are served Mondays and Wednesdays at 12pm Tues Meals \$3 suggested donation \$3 Suggested Donation per meal Available to anyone 60 yrs of age or older Must RSVP by Thurs for Monday and Monday for Wednesday For more information call Jeanne 609-548-6319 or email recreation@twpoceannj.gov				