



# Township of Ocean Recreation Department

Jeanne Broadbent, Recreation Director

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## ***OUTSIDE STRETCH AND FLOW*** ***All Levels Welcome***

Instructor Rebecca

**Thursdays 7am-8am Rain or Shine**

Corliss Park Lake and Recreation Area  
(Behind Red School House, Under the Pavilion)  
182 Wells Mills Road, Waretown

# July 17<sup>th</sup>, 24<sup>th</sup>, and 31<sup>st</sup> 2025

Pricing: 3 Thursdays \$30

**Drop-Ins Welcome for \$13 per class**

**Please pre-register if possible and bring a yoga mat. Blocks and Straps are provided.**

Bring payment to first class or Send payment and registration form to:

Township of Ocean

50 Railroad Ave.

Waretown, NJ 08758

Make checks payable to O. T. Recreation

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**July (17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup>) 2025 Outside Stretch and Flow at Corliss Park**

Name: \_\_\_\_\_

E-mail: \_\_\_\_\_ Cell #: \_\_\_\_\_

I'm signing up for:

3 Thursdays (3 classes) (\$30): \_\_\_\_\_

Drop-In (1 class) (\$13): \_\_\_\_\_

Total Enclosed: \$ \_\_\_\_\_