



Hackensack
Meridian *Health*



**Monday
November 24, 2025**

Lecture

10:30 - 11:30 AM

Screenings

12 - 2:00 PM

**Township of Ocean
Engle Sprague Senior Center
239 11th Street, Barnegat**

KEEP GETTING BETTER

Stroke: Am I At Risk? & FREE Wellness Screenings

FREE Screenings will include:

**Blood Pressure,
Cholesterol*, Glucose*,
Stroke Risk Assessment,
BMI & Pulse**

***Fasting not required**

Join our health expert as
they discuss the signs,
symptoms, and risk
factors of a stroke.

**For more information and
to register click [here](#)**