

## January & February Activities

### Congregate Meals Program through a grant from OCSS

Every Monday and Wednesday 12pm **RSVP** needed on Friday by 10am for Monday and on Tuesday by 10am for Wednesday

The meals must be eaten on site. \$2 donation requested Must be 60 years of age or older to attend.

### Wellness Speaker Programs / Activities are offered after every meal

- **Jan 1** **CLOSED for the holiday**
- Jan 6 Beacon of Life GC Bingo after meal
- Jan 7 Mira Vie Assisted Living Meal & GC BINGO
- Jan 8 Home Instead GC BINGO after meal
- Jan 13 Nutritionist Jennifer Collins EDU after the meal
- Jan 13 **Fulfill FOOD PANTRY 12pm**
- Jan 14 Tallwoods meal & GC BINGO
- Jan 15 Seacrest Village GC BINGO after meal
- Jan 20 **CLOSED for the Holiday**
- Jan 21 Barnegat Rehab meal & GC BINGO
- Jan 22 NJNG EDU program A New Spin on Energy after the meal
- Jan 27 **Senior Advisory Meeting 10:30am Tallwoods presentation**
- Jan 27 Right at Home GC BINGO after the meal
- Jan 28 Seacrest Village Holiday meal & GC BINGO
- Jan 29 Residence at Stafford GC BINGO after the meal

### FEBRUARY ACTIVITIES

- Feb 3 Beacon of Life GC BINGO after the meal
- Feb 4 Seaview Orthopedic meal & GC BINGO
- Feb 5 Mystic Meadows GC BINGO after the meal
- Feb 10 Nutritionist Jennifer Collins EDU after the meal
- Feb 11 Tallwoods meal & GC BINGO
- Feb 12 Health Village Imaging GC Bingo after meal
- Feb 17 **CLOSED for the Holiday**
- Feb 18 Barnegat Rehab meal & GC BINGO
- Feb 19 Seacrest Village Holiday meal & GC BINGO
- Feb 24 **Senior Advisory Meeting 10:30am**
- Feb 24 Right at Home GC BINGO after the meal
- Feb 25 JAG Physical Therapy presentation meal & GC BINGO
- Feb 26 Shore Home Care GC BINGO after meal



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Board of Commissioners



To register for these programs Contact Jeanne Broadbent  
609-548-6319 (Cell) or email [recreation@twpoceannj.gov](mailto:recreation@twpoceannj.gov)