

# S.T.E.P.

Systematic Training for Effective Parenting



**FREE PARENTING COURSE**  
2 hr sessions/8 weeks per course

For PARENTS/GUARDIANS of  
Elementary School Age Youth 5-10  
Starting Monday, May 15, 2017  
6 to 8 PM

33 Washington St

**YOU MUST PRE-REGISTER NOW**  
CALL: (732) 341-1000 x 8474

This parenting course is  
designed to help improve  
your relationships &  
communication skills with  
the kids in your life.

For parents, guardians,  
single parents, grandparents  
and those who work or  
volunteer with children.  
Singles or couples may  
attend together.

**INFO: 732-341-1000 x 8474**



Topics include discipline, cooperation, respect, trust, encouragement, single parenting, anger management, drug abuse prevention, constructive criticism, and humor!  
Certificate awarded at completion of program. *The STEP Parenting program satisfies the requirements of some Family Court ordered cases.*

Please check with us for more information.

**COURSE AND ALL MATERIALS PROVIDED FREE OF CHARGE**

**CALL FOR INFO : Helen McGovern, Coordinator, Toms River Municipal Alliance**  
**732-341-1000 x 8474**

This program is sponsored by the Municipal Alliances  
of Toms River Township, Beachwood, Pine Beach,  
and additional community partners.

Alliance grant funding is provided by the Governor's Council on Alcoholism  
and Drug Abuse and administered through the Ocean County Health Dept.