

# JOIN OUR *FREE* BRAIN HEALTH WORKSHOP!



  
REMEMBER  
TO BRING  
YOUR  
GLASSES

ARE  
YOU AGE  
50-80?

GET  
YOUR  
FREE BRAIN  
HEALTH  
SCORE!

**WHERE:**  
11th Street Community Center

**DATE:**  
Thursday April 4, 2019

**TIME:**  
10:00am-11:00am & 11:00am-12:00pm

Email Jeanne at [recreationtwooceannj.gov](mailto:recreationtwooceannj.gov) to reserve your spot. Space is limited

PLEASE **SIGN UP** OR **CALL STEPH** AT 1-888-234-9670 TO RESERVE YOUR SPOT

**cogniciti**  
Your Online Brain Health Check-Up



**BASIC COMPUTER  
SKILLS REQUIRED**



*Nothing technical - Just be able to click with a mouse and type on a keyboard.*