



Township of Ocean Recreation

**Classes held at:
Waretown Community Center
(Engel Sprague Senior Center)
239 11th St.
Barnegat, NJ 08005**

**TUESDAY & THURSDAY
9:30-10:30am**

No other dance fitness program can say they've been around for 50+ years!
Our program is fabulous, fun and effective! This low impact, easy-to-follow class
includes, warm-up, cardio, strength and stretch, you'll love it!
Bring hand-held weights if you have.

JAZZERCISE - YOUR FIRST CLASS IS FREE*



Join us any Tuesday or Thursday at 9:30am for a **FREE**
Introductory Class!

You'll love it & see why Jazzercise has been around for 50+ years!

**New students only*

Fee: \$7 per class pay as you go, or \$40 per month includes all classes!
Make checks payable to O.T. Recreation

*Certified Instructor: Mary Jane Brady
mjazz81@verizon.net (609) 273-1978
www.jazzercise.com*